



May 2024



Meals on Wheels & Connections Cafe

Call 541-451-1139 for more information.

Suggested donation \$3.50.
Order lunch 3 business days ahead to secure your meal choice.

Onsite dining begins at **11:45am.**

Friends of the Library

Monthly Saturday Book Sale at the Senior Center

**Saturday, My 11th
8-4:00pm Bag sale**

Books on the shelves at the Senior Center library are available for purchase

**Monday– Friday from
8:30am-3:30pm**

LBCC Courses at SC

Contact LBCC

for availability & fees for Spring term courses held at the Senior Center.

Their registration number is 541-917-4840 or online at linnbenton.edu/register

Better Bones & Balance

Mon/Wed/Fri 8-8:50

Tai Chi

Mon/Wed 10:00am

Beg. Watercolor

Tuesdays 3-4:50pm

		Wed	Thu	Fri
Square Dance Meets Tuesdays 1-3 <u>Will not meet on the 14th</u>	Saturday, May 11th 1-3:00pm Holistic Garden Club Class (sign up)	1 9-11:50 Wood Carvers 10-11 Social Games: Ping Pong/ Cup Pong 11-1 Scrabble w/ Sharon 1-1:45 Strength & Flex 1-3 Bingo	2 9-10 TJQMBB 9:30 Line Dance Review 10-10:45 Line Dance 11-11:40 Chair Chi 1-3 Cribbage 1-3:30 Painters 2-3 WWE Mark Slough	3 9-10:50 Dulcimers 10-10:45 Strength & Flex 10-12 Advance Mahjong 10-12 Activities w/ Med Students 1 Movie: The Parent Trap
6 9-10:50 Dulcimers 10-10:40 Tai Chi (video) 10-10:45 Social Circle 11-12 Bingocize 1-1:45 Strength & Flex 1-3 Dominoes 2-3 WWE IOOF	7 9-10 TJQMBB 10-10:40 Easy Cardio 11-11:40 Get Centered 11-12:45 Mah Jong 11-12:00 iPad Ed 1-3 Pinochle 1-4 Living Consciously 1-2:15 Curiosity Club	8 9-11:50 Wood Carvers 10-11 Social Games: Bocce 12:20 Birthday Social 1-1:45 Strength & Flex 1-3 Bingo	9 9-10 TJQMBB 9:30 Line Dance Review 10-10:45 Line Dance 11-11:40 Chair Chi 12:30-1 Volunteer Mtg 1-3 Cribbage 1-3:30 Painters 1-2:30 Book Club 2-3 WWE Mark Slough	10 9-10:50 Dulcimers 10-10:45 Strength & Flex 10-11:30 Secret Pals 11-12 Bingocize 10-12 Advance Mahjong 1 Movie: The Great Outdoors 1 Roaming Seniors
13 9-10:50 Dulcimers 10-10:40 Tai Chi (video) 10-10:45 Coffee & Crosswords 11-12 Bingocize 1-3 Cards Craft w/ Barb 1-1:45 Strength & Flex 1-3 Dominoes/UNO	14 10-10:40 Easy Cardio 11-11:35 Get Centered 11-12:45 Mah Jong 11-12:00 iPad Ed 1-3 Pinochle 1-4 Living Consciously 2-3 Live Music: The Fender Benders (sign-up)	15 9-11:50 Wood Carvers 10-10:45 Social Games: Pool Noodle Hockey 11-1 Scrabble w/ Sharon 1-1:45 Strength & Flex 1-3 Bingo	16 9-10 TJQMBB 9:30-10:45 Line Dance 11-11:40 Chair Chi 1-3 Cribbage 1-3:30 Painters 1-3 Inner Wisdom Collage 2-3 WWE Mark Slough 2-3:30 Bingo Bash	17 9-10:50 Dulcimers 10-10:45 Strength & Flex 10-12 Advance Mahjong 11-12 Bingocize 1 Movie: Annie
20 9-10:50 Dulcimers 9:30-10:15 WWE IOOF 10-10:40 Tai Chi (video) 11-12 Bingocize 1-1:45 Strength & Flex 1-3 Dominoes 2-3 Mini Farm Animal Visit	21 9-10 TJQMBB 10-10:40 Easy Cardio 11-11:30 Get Centered 11-12:45 Mah Jong 12-1:30 Bowling (sign up) 1-3 Pinochle	22 9-11:50 Wood Carvers 10-11 Social Games: Frisbee Tic Tac Toe 1-1:45 Strength & Flex 1-3 Bingo	23 9-10 TJQMBB 10-10:45 Line Dance 11-11:40 Chair Chi 1-3 Painters 1-3 Cribbage 1-2:30 Book Club 2-3 WWE Mark Slough	24 9-10:50 Dulcimers 10-10:45 Strength & Flex 10-12 Advance Mahjong 11-12 Bingocize 1 Movie: Silverado
27 Closed In Observance Of Memorial Day 	28 9-10 TJQMBB 10-10:40 Easy Cardio 11-11:40 Get Centered 11-12:45 Mah Jong 11-12:00 iPad Ed 1-3 Pinochle 1-2:15 Curiosity Club	29 9-11:50 Wood Carvers 10-11:15 Senior Health & Fitness Day 1-1:45 Strength & Flex 1-3 Bingo	30 9-10 TJQMBB 10-10:45 Line Dance 11-11:40 Chair Chi 1-3 Cribbage 1-3:30 Painters 1 Movie: Miracle Club 2-3 WWE Mark Slough 2-3:00 Craft Mosaic Tile day 1(sign-Up)	31 9-10:50 Dulcimers 10-10:45 Strength & Flex 11-12 Bingocize 10-12 Advance Mahjong 2-3:00 Craft Mosaic Tile day 2(sign-Up) No Movie